



PERFORM 45

Technology for life's new rhythm

© 2022 GN Audio A/S. All rights reserved. Jabra® is a trademark of GN Audio A/S. The Bluetooth® word mark and logos are registered trademarks owned by the Bluetooth SIG, Inc. and any use of such marks by GN Audio A/S is under license.

Made in China

MODEL: OTE980



Declaration of Conformity can be found on
www.jabra.com/doc

1. Welcome.....	5
2. Jabra Perform 45 overview.....	6
2.1 Included accessories	
2.2 Optional accessories	
3. How to wear.....	8
3.1 Selecting an EarGel	
3.2 How to get the perfect fit	
4. How to charge.....	10
5. How to connect.....	12
5.1 Power on	
5.2 Power off	
5.3 Pair to your smartphone	
5.4 Connect to your smartphone using NFC	
6. How to use	15
6.1 Calls	
6.2 The Customizable button	
6.3 Multiple call handling	
6.4 Voice controls	
6.5 Multipoint mode	
6.6 Reset headset	
7. Jabra Direct app.....	20

8. Support	21
8.1 FAQ	
8.2 How to care for your headset	
8.3 How to clean your headset	

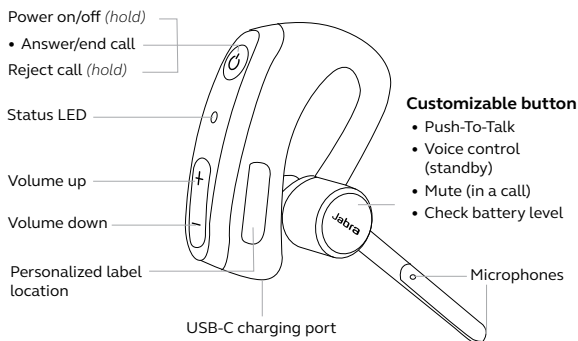
1. Welcome

Thank you for using the Jabra Perform 45. We hope you will enjoy it!

Jabra Perform 45 features:

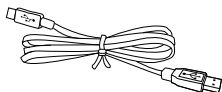
- **Small, lightweight, and discreet**, so you always look approachable to customers
- **80% noise-cancelling microphone** and crystal-clear sound keeps communication smooth
- **Push-to-Talk** lets you instantly communicate with colleagues
- **Easy to set up** and intuitive to use, with a durable, simple-to-sanitize design
- **Up to 20 hours Push-to-Talk usage**, and up to 100m / 300ft wireless range

2. Jabra Perform 45 overview



2.1 Included accessories

USB cable



EarGels



Small



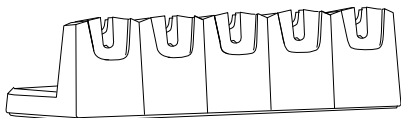
Medium



Large

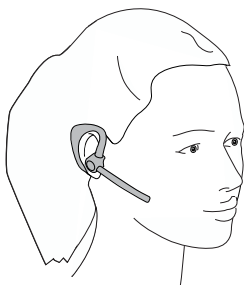
2.2 Optional accessories

Optional accessories are available at jabra.com/accessories

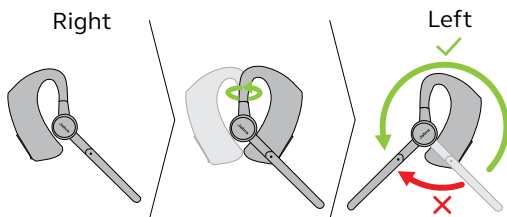


Jabra Perform Charging Stand, 5-Bay

3. How to wear



The headset can be worn on the left or right ear.



To wear the headset on the other ear, rotate the microphone horizontally to the other side. Then swivel the microphone up and over and point it towards your mouth.

3.1 Selecting an EarGel

It is important to wear the headset with the most comfortable EarGel size for your ears. This will ensure the best audio experience.



Small



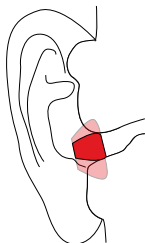
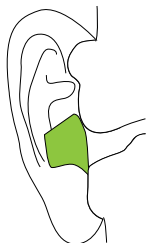
Medium



Large

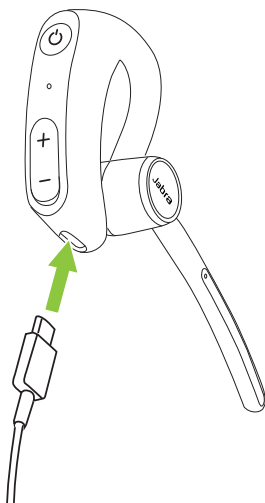
3.2 How to get the perfect fit

For the best audio quality and comfort, the eargel should fit firmly in your ear, but should not be squeezed into your ear canal.

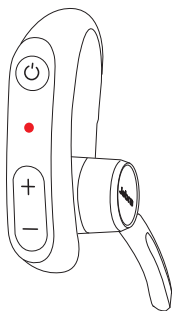


4. How to charge

To charge the headset, connect the USB charging cable to the headset's USB charging port. It is recommended to charge the headset using the supplied charging cable. It takes up to 140 minutes to fully charge the battery.



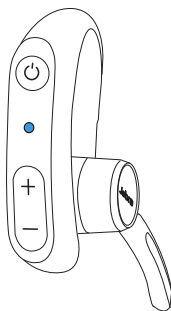
While charging, the LED indicator shows the charging status. Red indicates the headset is charging. Blue indicates the headset is fully charged.



● Charging



Low battery

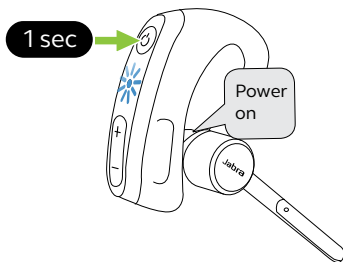


● Fully charged

5. How to connect

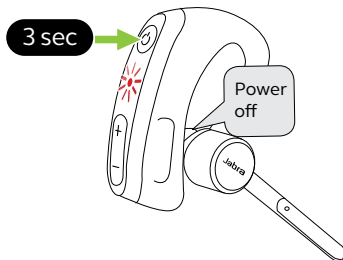
5.1 Power on

Press and hold the **Multi-function** button for 1 second until the LED flashes blue and you hear “Power on”.



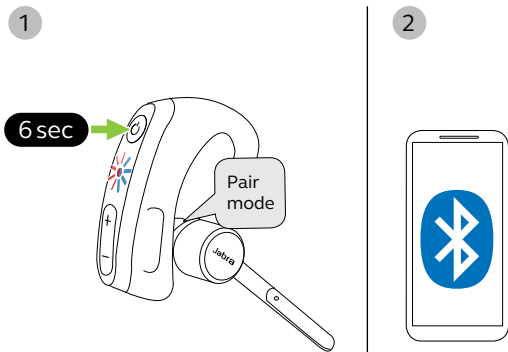
5.2 Power off

Press and hold the **Multi-function** button for 3 seconds until the LED flashes red and you hear “Power off”.



5.3 Pair to your smartphone

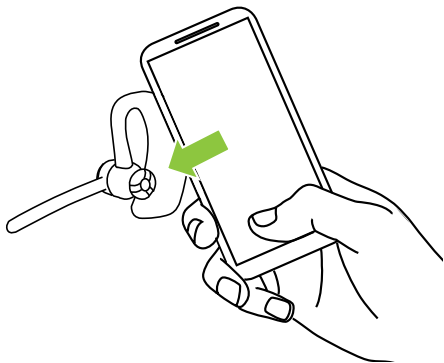
1. Ensure the headset is powered off.
2. Press and hold the **Multi-function** button for approx. 6 seconds until you hear “Pair mode” and the LED flashes red and blue. The headset is now ready to pair.
3. Go to the Bluetooth menu on your smartphone and select the **Jabra Perform 45** from the list of available devices.



5.4 Connect to your smartphone using NFC

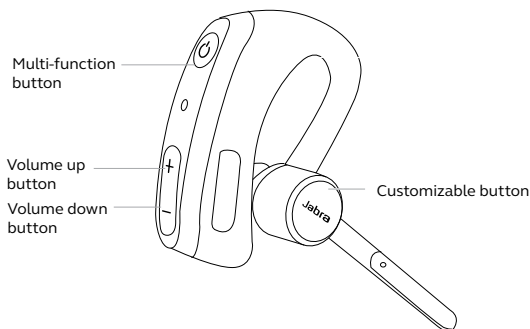
1. Ensure your headset is powered on, and that NFC is enabled on your smartphone.
2. Place the NFC zone of your smartphone against the NFC zone of the headset until your smartphone confirms the connection.

Please note that not all phones support NFC pairing.



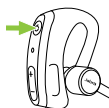
NFC Zone

6. How to use



6.1 Calls

What the buttons do



Answer call

Press the **Multi-function** button or say "Answer"

End call

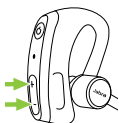
Press the **Multi-function** button

Reject call

Press and hold (2 sec) the **Multi-function** button or say "Ignore"

Activate Voice Assistant (i.e. Siri, Google Assistant)

Press the **Multi-function** button when not on a call

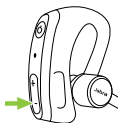


Adjust volume

Press the **Volume up** or **Volume down** button, when listening to music or on a call.

Turn LEDs on/off

Press both the **Volume up** and **Volume down** buttons simultaneously

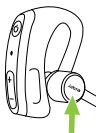


Transfer audio from headset to smartphone

While on a call, press and hold (2 sec) the **Volume down** button to transfer to the call audio to your paired smartphone. Repeat to transfer the call audio back to your headset.

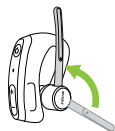
Redial last number

Press and hold (1 sec) the **Volume down** button until you hear a beep.



Mute/unmute microphone

Press the **Customizable** button when on a call. Alternatively, press and hold (2 sec) the **Volume up** button.



Mute/unmute microphone and speaker during a call

Swivel the microphone up during a call to mute the microphone and speaker. Swivel the microphone down to unmute.

6.2 The Customizable button

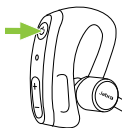
By default, the Customizable button activates the voice controls, or mutes the microphone when on a call. However, the button can be configured for other functions, such as push-to-talk, access a second paired mobile device, or to check the battery level.

To reconfigure the Customizable button, download and use Jabra Direct.

6.3 Multiple call handling

The headset can accept and handle multiple calls at the same time.

Multiple call handling



End current call and answer incoming call

Press the **Multi-function** button to end the current call. Then press the **Multi-function** button to answer the incoming call

Put current call on hold and answer incoming call

Press the **Multi-function** button twice

Reject incoming call when on a call

Press and hold (2 sec) the **Multi-function** button

6.4 Voice controls

The headset recognizes English voice commands, enabling call handle without touching the headset.

Press the customizable button (when not on a call) to activate the voice controls. For a list of available commands, say: “What can I say?”

List of voice controls:

- **“Answer”** – answers an incoming call
- **“Ignore”** – rejects an incoming call and sends it to voicemail (if available)
- **“What can I say?”** – announces a list of available commands
- **“Pair mode”** – puts the headset into pairing mode
- **“Am I connected?”** – verifies that the headset is connected to a device
- **“Check battery”** – announces battery levels for the headset and paired device (if applicable)
- **“Redial”** – redials the last outgoing call
- **“Callback”** – calls the last incoming call
- **“Cancel”** – cancels voice control

6.5 Multipoint mode

The headset can pair with 8 smartphones and connect to two at once (Multipoint mode).

To connect to two smartphones, use the normal pairing process separately for each smartphone (refer to section 5).

The headset will monitor both smartphones and enable you to answer a call on either one using the headset.

If you are on a call and the other smartphone receives a call, you will hear a notification in the headset.

6.6 Reset headset

Resetting the headset clears the list of paired devices and resets all settings.

1. Ensure the headset is powered on.
2. Press and hold (10 sec) both the **Volume down** button and the **Customizable** button until you hear two beeps.
3. Power off the headset.

You will need to re-pair the headset to your smartphone.

7. Jabra Direct app

Jabra Direct is a desktop application designed to support, manage and enable optimal functionality for Jabra devices.

Download the latest free version from jabra.com/direct

8. Support

8.1 FAQ

View the FAQs at jabra.com/help/perform45

8.2 How to care for your headset

- To prevent the depletion of the battery lifetime or capacity, avoid storing the headset in hot or cold environments, such as a closed vehicle in summer or in winter conditions.
- For daily sanitization, 70% isopropyl alcohol wipes are recommended.
- When exposed to water, allow the headset sufficient time to dry. It may take up to one hour for the headset to dry thoroughly.
- Do not store the headset for extended periods of time without recharging them (max. three months).

8.3 How to clean your headset

1. Apply normal dish soap and water to a cloth, making sure to wring out any excess liquid so the cloth is not dripping wet. Use soap and water only; do not use strong cleaning agents.
2. Gently wipe the headset with the wet cloth, making sure the headset is clean with no layer of suds on the surface.
3. Let the headset rest for at least one minute.
4. Wipe the headset clean with a cloth dampened with water only.
5. Allow the product to dry.